

Details of Services & Items for Inner Reins Counseling, LLC.

Service	Locations where service could be provided**	Service Code	Quantity	Expected Cost (Private Pay No Insurance)
Mental Health Presentations	At the Organization's Location or Virtual	n/a	As Needed	The starting rate for presentation services is \$250 per hour. This rate encompasses one hour of presentation at the agency, mileage reimbursement, and preparation time required for the presentation
Child-Parent Psychotherapy (CPP)- Individual and Family therapy sessions	Telehealth, client's residence, or in-office	n/a	1-50 visits	\$150 per visit
Clinical Supervision	Telehealth, Community, in-office	n/a	As needed	\$60 for each supervision
Circle of Security (Parenting Class w/o child)	In-Person	n/a	8 classes	\$650
Evaluation-an integrated mental health assessment including history, mental status, diagnosis, and clinical recommendations.	Telehealth, client's residence, or in office	90791	1	\$150
Family Therapy 60 mins-	Telehealth, client's residence, or in-office	90847	1-50 visits	\$140
Group Therapy-60 mins-	Telehealth	90853	1-50 visits	\$40 per person
Group Therapy-120 mins	Telehealth	90853	1-50 visits	\$80 per person

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Individual Therapy-30 mins-	Telehealth, client's residence, or in office	90832	1-50 visits	\$100 per visit
Individual Therapy-45 mins-	Telehealth, client's residence, or in office	90834	1-50 visits	\$115 per visit
Individual Therapy-60 min-	Telehealth, client's residence, or in office	90837	1-50 visits	\$125 per visit
Infant Mental Health Assessment- Thorough analysis and assessment of all developmental domains, trauma history, and relationship with caregivers; relational observations with explanation, examination of relationships with a description of strengths and barriers; integrated recommendations with rationales	Telehealth, client's residence, or in-office	n/a	4-6 visits	\$500 total
No show or cancel with less than 24-hour notice (Private Pay clients only)	n/a	No Show	As needed	Cost of the visit scheduled
Parent Management Training (Parenting Class w/child every other week to assess the use of skills)	In-Person	n/a	12-15 classes	\$100 a class
Psychotherapy for Crisis initial 60 mins ***-Urgent assessment to determine risk and safety	Telehealth, Phone, client's residence, in office	90839	1-50 visits, as needed for crisis	\$140 per visit

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Psychotherapy for Crisis each ADDL 30 mins***	Telehealth, Phone, client's residence, or in office	90840	1-50 visits, as needed for crisis	\$100 per visit
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** The location does not affect the expected cost of services.

*** 90839 & 90840 are billed together, and cost would be combined for that date of service. This is for crisis sessions only; they are considered emergency services and are thus exempt from the good faith estimate limitations as required by law.